

## **Some important information about the Turn Up The Volume! ...Health & Social Care movement:**

*This a 'bootstrap' movement, no fancy gimmicks. Put together by people who care about the subject, most of whom are giving up their own time to be involved.*

It is open to anyone with an interest in the subject. No exceptions.

### **Aims of the movement:**

**We aim to provide a safe space where all involved can listen and learn from each other. Giving food for thought and ongoing reflection. Grounded in interactive and inclusive listening, where we plan to help everyone use the experiences of all those affected by cultures of fear to drive forward real change. The emphasis is on transforming ideas into action, and moving beyond stereotypes.**

### **Focus on actions and action learning:**

We will be using post-it stickers, flip charts etc. to collect your views during events. This information will be openly shared afterwards. We aim to capture your views and suggestions and publicise these, perhaps in a report. So please think of ideas that can be implemented (maybe best practices from other areas that haven't been spread); suggestions for further research etc. And note who your suggestions relate to (e.g. organisations, individuals, regulators, departments etc.) You can also send your ideas to [info@carerightnow.co.uk](mailto:info@carerightnow.co.uk) .

### **Caring for each other:**

**The Turn Up The Volume! movement open to all. As a result we ask that everyone respects each other's views and what we all take time to listen to what people have to say. There is only a limited amount of time at events, so we ask that people keep this in mind.**

**Please be mindful, reflective and always to focus criticism on behaviours rather than people. This will help us bring the message to a wider audience and end suffering all round.**

### **What happens next?**

We aim to publish information on the [www.tutv.org.uk](http://www.tutv.org.uk) web pages. Including a suggested action plan. Currently there is no resource allocated to this, so it may take some time.

The name you gave when booking to events, or signing up is on an email list. This will be used to share information. You can unsubscribe from the list at any time, no questions asked. Your email addresses will not be visible so if you want to forge links please exchange details with your colleagues yourselves.